

Studio Q | Semester 1, 2026

Information Kit

About Studio Q

Welcome to Studio Q, Q Theatre's performance training program. Studio Q offers a range of courses for different age groups, skill levels and abilities. All workshops are delivered by professional theatre artists at the Joan Sutherland Performing Arts Centre in Penrith.



This kit has been designed to give you an overview of our program. For updated details, including schedules and booking information, please visit

<https://www.thejoan.com.au/studio-q/> or contact us at creativelearning@ppandva.com.au or (02) 4723 7628.

General Course Outline and Structure

The Studio Q year consists of four eight-week terms, aligned with NSW public school terms (with the exception of Agile Not Fragile, which normally has ten-week terms). Participants attend weekly workshops where they learn performance skills and make new friends, all while working towards performance outcomes.

Our annual showcase event, in which participants in each course present an original performance in the Q Theatre, takes place at the end of Term 3. Tickets for this event will be sold through the Box Office. We are still holding open classes at the end of each term for family and friends to visit, observe, and get an update on the participants' progress. Some classes may also enjoy performance opportunities outside of the Joan.

Courses offered in Terms 1 – 2, 2026 (subject to meeting minimum participant requirements):**Agile Not Fragile**

Contemporary dance for the young at heart but not so young of body. In order to allow our mature students greater scheduling flexibility, Agile Not Fragile is structured as a drop-in class.

Age group: Mature adults (55+)

Time: Fridays, 9:30am – 11:00am (1.5 hours p/week)

Fees: \$15 Single Class (Drop-In) / \$125 Term (10 Classes)

Access Artists Ensemble

Theatre arts for people who identify as living with disability.

Young Adults

Age group: 18 – 26

Time: Fridays 1:30pm - 3:30pm (2 hours p/week)

Fees: \$256 Term / \$428 Semester

Adults

Age group: 26+

Time: Fridays 10:30am – 12:30pm (2 hours p/week)

Fees: \$256 Term / \$428 Semester

Young Artist Ensemble

Theatre arts for children and teens.

Starting Out

Age group: Ages 5 – 8

Time: Saturdays, 9:30am – 11:30am; Saturdays, 1:30pm – 3:30pm (2 hours p/week)

Fees: \$280 Term / \$476 Semester / \$256 Term (Sibling)* / \$420 Semester (Sibling)*

Stepping Up

Age group: Ages 9 – 12

Time: Saturdays, 9:30am – 11:30am; Saturdays 1:30pm – 3:30pm; Mondays 5pm – 7pm

Fees: \$280 Term / \$476 Semester / \$256 Term (Sibling)* / \$420 Semester (Sibling)*

Ignite

Age group: Ages 13 – 17

Time: Saturdays, 9:30am – 12:30pm; Saturdays 1:30pm – 4:30pm (3 hours p/week)

Fees: \$372 Term / \$632.40 Semester / \$336.80 Term (Sibling)* / \$561.60 Semester (Sibling)*

Elevate (Adult Acting Workshop) *NEW

Age group: Ages 18+

Time: Tuesdays 6:00pm – 9:00pm (3 hours p/week)

Fees: \$372 Term / \$632.40 Semester

**Note: The Sibling Discount are valid when siblings from the same family enrol in the same term or semester, and applies to the second child onwards.*

Studio Q Performance Ensemble

The performance ensemble is a new program offering passionate young performers in Western Sydney the opportunity to experience the thrill of working on a full-scale production in a professional theatre setting. Participation is by audition only. Please visit our website for more details.

Youth Ensemble

Age group: Ages 13-17

Time: Fridays, 4:30pm – 7:30pm

Fees: Studio Q: \$480 Term / \$900 Semester, Non-Studio Q: \$560 Term / \$1050 Semester

How to Enrol

Booking process:

1. Please **Read** the **Terms and Conditions** as well as **Code of Conduct** in the following pages. Returning students, please note these may be updated each semester.
2. **Enrol and pay for your course** through **The Joan's Box Office (contact details below)**. We accept Australian credit cards and EFTPOS. Please note that NDIS payment for our Access Ensemble classes and payment using Creative Kids vouchers can only be done either in-person or over the phone.

Contact Box Office:

Phone (02 4723 7600, ext. 3)	Monday – Friday	9am – 4:30pm
Email (boxoffice@ppandva.com.au)	Monday – Friday	9am – 4:30pm
Onsite (The Joan, 597 High Street, Penrith)	Monday - Friday	9am – 4.30pm
Online (https://www.thejoan.com.au/studio-q/)	24 hours, 7 days a week	

These are subject to change. To check for updates, [please visit our 'Box Office' page](#).

What Do I Wear? How Do I Prepare? What Do I Bring to Each Course?

What to wear: Comfortable, unrestrictive clothing that they are comfortable moving around in, as well as closed shoes. Black and dark colours are recommended.

What to bring: We recommend participants bring a bottle of water to each rehearsal to remain hydrated. **Please Note:** Food is not allowed in class unless via written agreement with Management.

Preparing for Class: Our teachers provide training in theatre skills suitable for the age group and skill levels of the students. These include performance training, stagecraft understanding and skills, as well as activities encouraging collaboration, creativity and expression. Training is primarily done in class at The Joan, so students simply need to bring their willingness to express themselves, to work with their peers and to explore their creative sides. In Terms 3 and 4, as

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classes prepare for the Annual Showcase and outside performances, students may be expected to rehearse individually at home, in addition to their work in class.

Please note that discretion can be applied in exceptional circumstances depending on each student's needs, so parents and carers are encouraged to discuss any such circumstances with our teaching artists and staff.

Contact

For information & enquiries, please contact the **Studio Q/Q Theatre Team**:

Phone: (02) 4723 7628

Email: creativelearning@ppandva.com.au

Semester 1 2026 Studio Q Calendars

Stepping Up Monday

Term 1, 2026 (Mondays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
2 Feb	9 Feb	16 Feb	23 Feb	2 Mar	9 Mar	16 Mar	23 Mar

Term 2, 2026 (Mondays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7**	Wk 8*
27 Apr	4 May	11 May	18 May	25 May	1 Jun	15 Jun	22 Jun

***23 March** and **22 June** are the Open Studio dates (during class time)

There is **no class on **8 June** due to the King's Birthday holiday

Elevate

Term 1, 2026 (Tuesdays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
3 Feb	10 Feb	17 Feb	24 Feb	3 Mar	10 Mar	17 Mar	24 Mar

Term 2, 2026 (Mondays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
28 Apr	5 May	12 May	19 May	26 May	2 Jun	9 Jun	16 Jun

***24 March** and **16 June** are the Open Studio dates (during class time)

Q Theatre Youth Performance Ensemble

Term 1, 2026 (Tuesdays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
3 Feb	10 Feb	17 Feb	24 Feb	3 Mar	10 Mar	17 Mar	24 Mar

Term 2, 2026 (Tuesdays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7**	Wk 8***
28 Apr	5 May	12 May	19 May	26 May	2 June	9 June	12 June

***24 March** will be a stumble-through with directors' notes

****9 June** will be the **Technical Rehearsal** for the Performance Ensemble

*****12 June (Friday)** will be the **Dress Rehearsal**

Semester 1 2026 Studio Q Calendars

Agile Not Fragile

Term 1, 2026 (Fridays)*

Wk 1	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9**
6 Feb	13 Feb	20 Feb	27 Feb	6 Mar	13 Mar	20 Mar	27 Mar

Term 2, 2026 (Fridays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8	Wk 9	Wk 10**
24 Apr	1 May	8 May	15 May	22 May	29 May	5 Jun	12 Jun	19 Jun	26 Jun

*Term 1 is a **9-week term** due to the Good Friday holiday falling on 3 April

****27 March** and **26 June** are the Open Studio dates (during class time)

Access Ensemble Programs

Term 1, 2026 (Fridays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
6 Feb	13 Feb	20 Feb	27 Feb	6 Mar	13 Mar	20 Mar	27 Mar

Term 2, 2026 (Fridays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
1 May	8 May	15 May	22 May	29 May	5 Jun	12 Jun	19 Jun

***27 March** and **19 June** are the Open Studio dates (during class time)

Starting Out, Stepping Up Sat and Ignite Programs

Term 1, 2026 (Saturdays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
7 Feb	14 Feb	21 Feb	28 Feb	7 Mar	14 Mar	21 Mar	28 Mar

Term 2, 2026 (Saturdays)

Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6	Wk 7	Wk 8*
2 May	9 May	16 May	23 May	30 May	6 Jun	13 Jun	20 Jun

***28 March** and **20 June** are the Open Studio dates (during class time)

Terms and Conditions

Before booking students into Studio Q, please read the following Terms and Conditions carefully and contact The Joan if you have any questions.

Payment & Enrolment

Payment of fees must be made, and a completed enrolment form for the year must be received before participants can attend course sessions.

Trial Lessons

Studio Q offers trial lessons at our discretion. Please get in touch with the Studio Q team to inquire about trial lessons.

Missed/Cancelled Sessions

Refunds for sessions missed by participants are not available.

Commitment & Discontinuing

Studio Q requires all participants to participate in all eight weeks of a course they have enrolled in for the term. Participants who choose to discontinue are not entitled to refunds of payments.

Studio Q Code of Conduct

All Studio Q participants are required to read, understand and adhere to the Code of Conduct as found on this link: <https://www.thejoan.com.au/wp-content/uploads/sites/2/2025/03/Studio-Q-2026-Code-of-Conduct.pdf>.

Agreement

By enrolling in a Studio Q course, you:

1. Authorise staff of Penrith Performing and Visual Arts Ltd. (PP&VA) to seek out emergency medical attention for your participant in the event of an emergency.
2. Disclose any significant health or medical issues the student may have which Studio Q staff and tutors need to be aware of in the enrolment form.
3. Understand that Studio Q staff and tutors accept no responsibility for the supervision of participants outside official session times.
4. Agree to indemnify PP&VA and its staff against any personal loss, injury or damage to property that may result from participating in the course or sessions.
5. Consent to the photographing and/or recording of your participant during Studio Q sessions and related activities for the purposes of marketing Studio Q now and in the future.
6. Agree to follow the COVID-19 Safety Plan policies and procedures of Penrith Performing & Visual Arts Ltd. as indicated above and at the website links indicated.
7. Agree to follow the Studio Q Code of Conduct at the website links indicated.

Media Release Consent

By enrolling in a Studio Q course, you consent to the photographing and/or recording of the participant during Studio Q sessions and related activities for the purposes of marketing Studio Q now and in the future.

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If you would like to withdraw your media release consent for the participant at any time, please inform our team via e-mail at CreativeLearning@ppandva.com.au.

Joan Sutherland Performing Arts Centre

December 2025